

**Honesty is a
difficult truth**

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Honesty is a difficult truth

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This Poetry book is dedicated to my friends and family, in particular my wife, and daughter, my parents and my brother & sister and families.

I pay respect to all the artists, poets and musicians who have ever influenced me.

Visit my website at www.everdamn.com

Instagram [@ever.damn.poetry](https://www.instagram.com/ever.damn.poetry)

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All other spaces

*I know the games you play
I can see when I'm spiraling
I already know what you'll say
I know I should be crying
Want to look to heaven
Any more then?
All other spaces...*

*My vision has been impaired
Following your compass
Again and again, I'm tired
For too long I let it pass
Want to look to heaven
Any more then?
All other spaces...*

*I can't let anyone see the tears
You mop them with a knife
I can't let you see my fears
It's not worth my life
Want to look to heaven
Any more then?
All other spaces...*

*I can see other spaces
I can see they're not like this
I have all the enthusiasm
They make me feel welcome
Want to look to heaven
Any more then?
All other spaces...*

She scratches numbers in the wall

And I believe there's a long path
A destiny that we're walking down
Led by the light shining through a staff
Swimming water you don't know
There's a star that we're following
Gazing far beyond the horizon
A race that we're always running
She scratches numbers in the wall.
I can vouch for her

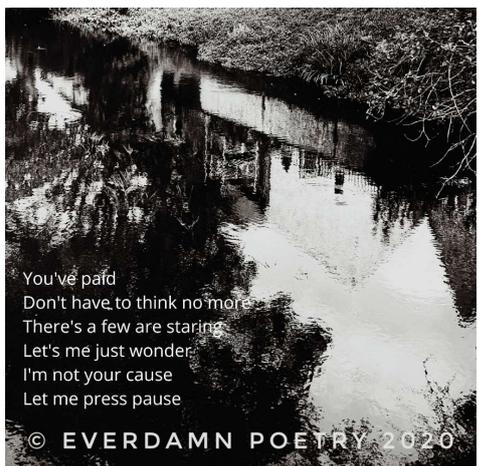
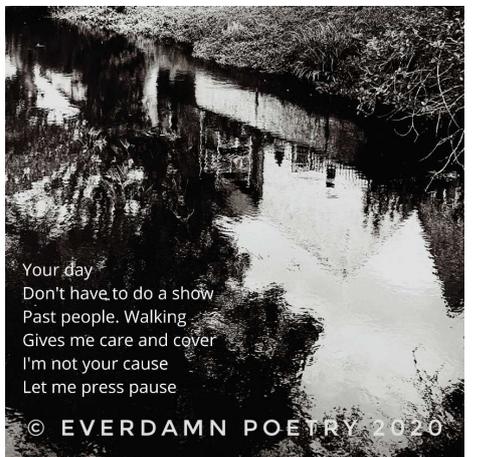
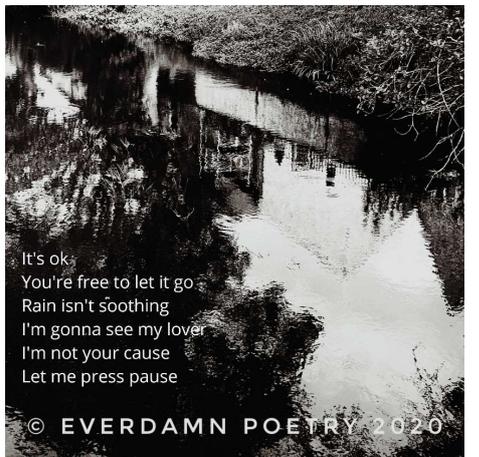
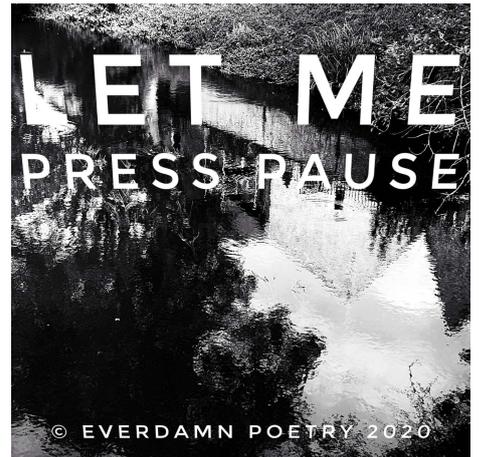
Let me press pause

It's ok
You're free to let it go
Rain isn't soothing
I'm gonna see my lover
I'm not your cause
Let me press pause

Your day
Don't have to do a show
Past people. Walking
Gives me care and cover
I'm not your cause
Let me press pause

You've paid
Don't have to think no more
There's a few are staring
Let's me just wonder
I'm not your cause
Let me press pause

Make way
I didn't think it but I'm strong
I feel like I'm breaking
Getting so much stronger
I'm not your cause
Let me press pause



To be someone different

To be someone different
Become lower rent
You saw a rainbow
A dark day widow
You are the one
I've been waiting for
Orphans to the light
Disappear out of sight

To be someone different
Become heaven sent
Or go some where new
This is our hour or two
We pay the price
You light up the sky
I know it's all I can do
Fall in love with you

To be someone different
Become what I learned
Behind me a window
Shatters on my pillow
You read and read
Until your eyes bleed
Stillness that's the end
Lie down to be counted

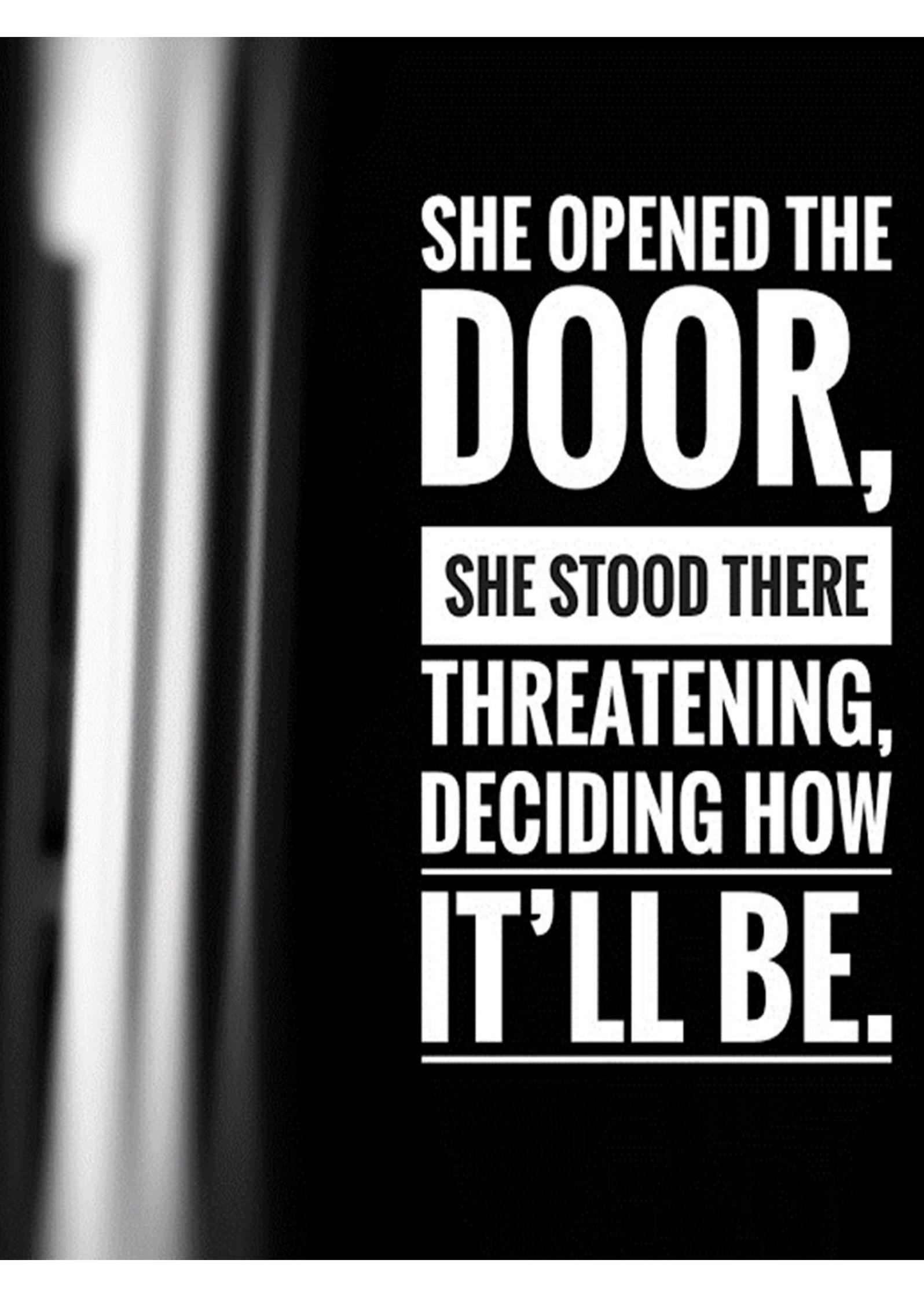
**No where I can go
I can't hide my emotions
Heart is too visible**

Show me your hatred

Show me your hatred, show me your pain,
let it rise to the surface, causing physical symptoms
That tear you in two.

Show me your fear, your life is slipping from view
The lightning, the thunder, the rain rinses your eyes.
Show me your hatred, the red raging in your eyes
Knife silver flash through the air with apology to follow.

Show me your anger, teeth clenched tight
The punch in the mouth, without the fight
Show me your control, while I'm breathlessly waiting
Heart beating while you to reveal your next move.
Show me walking away.



**SHE OPENED THE
DOOR,**

SHE STOOD THERE

**THREATENING,
DECIDING HOW**

IT'LL BE.

Paper Tiger

Fierce, but delicate

Paper tiger

I am the fighter

the bare knuckle prize fighter

I bleed.

Porcelain rock

I am the strong

The one you want on side

I rip and tear so easily

don't ask why I punched that wall.

No one mourns a devil

I won't let you go
I know you're going to stay
Your freedom is mine to control
Who would want you anyway?
Your hope is now gone
What's that look on your face?
Your world is this room
Your stuck in this place

Reflection of a flower
Ripped up during hour
Torn by time, living hell
No one mourns a devil
A dark and lonely place
Its written all on my face
I found a new kingdom
Away from this cold room

Lacerated heart

Flickered yellow light bulbs
Broken sounds are the result
A dark and lonely place
Look at you tense in rage
When the mirror become ugly?
Screams silent as they leave me

Lacerated heart, perforated skin

It's written all over my face
I think I found a new age
I wrestle with my mind in this mess
I realise there is emptiness
In clutches where I hanging
There's nothing more damning

Lacerated heart, perforated skin

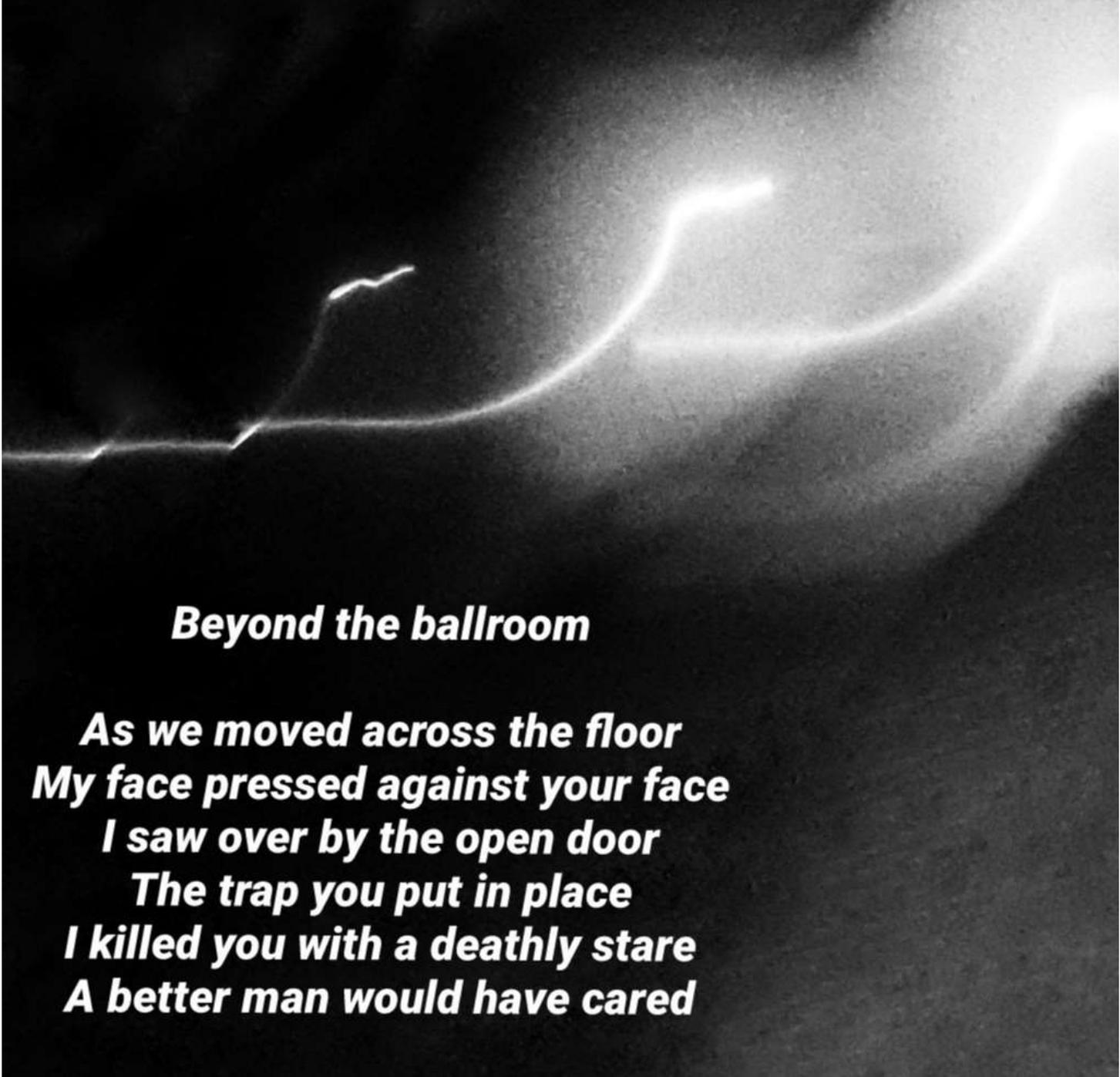
Endlessly shooting for the moon
But there's no light shining on
dense patterns in the sand
What's that I have in my hand?
You try hard to hold my gaze
There's no way I'm going to faze

Lacerated heart, perforated skin

Honesty is a difficult truth

Honesty is a difficult truth
And I will never forget
Colour blue now means you
I saw real darkness in you.
Your fists, your kicks, land on me
The wall is high and breaks
My hands, but it's an outlet

No place for love or respect
And I will never forget
Colour blue now means you
You're trying to control me
Sometimes people are not
Beautiful, you see them real
Still you're speaking softly



Beyond the ballroom

***As we moved across the floor
My face pressed against your face
I saw over by the open door
The trap you put in place
I killed you with a deathly stare
A better man would have cared***

Beyond the ballroom

As we moved across the floor
My face pressed against your face
I saw over by the open door
Your trap you put in place
I killed you with a deathly stare
A better man would have cared

Flickered yellow light bulbs
Broken sounds are the result
A dark and lonely place
Look at you tense in rage
When the mirror become ugly?
Screams silent as they leave me

It's written all over my face
I think I found a new age
I realise there is nothing
In clutches where I hanging
There's nothing more damning

I see darkness in you
I will never forget
Still speaking softly
Who fell over first?

Sometimes, we love

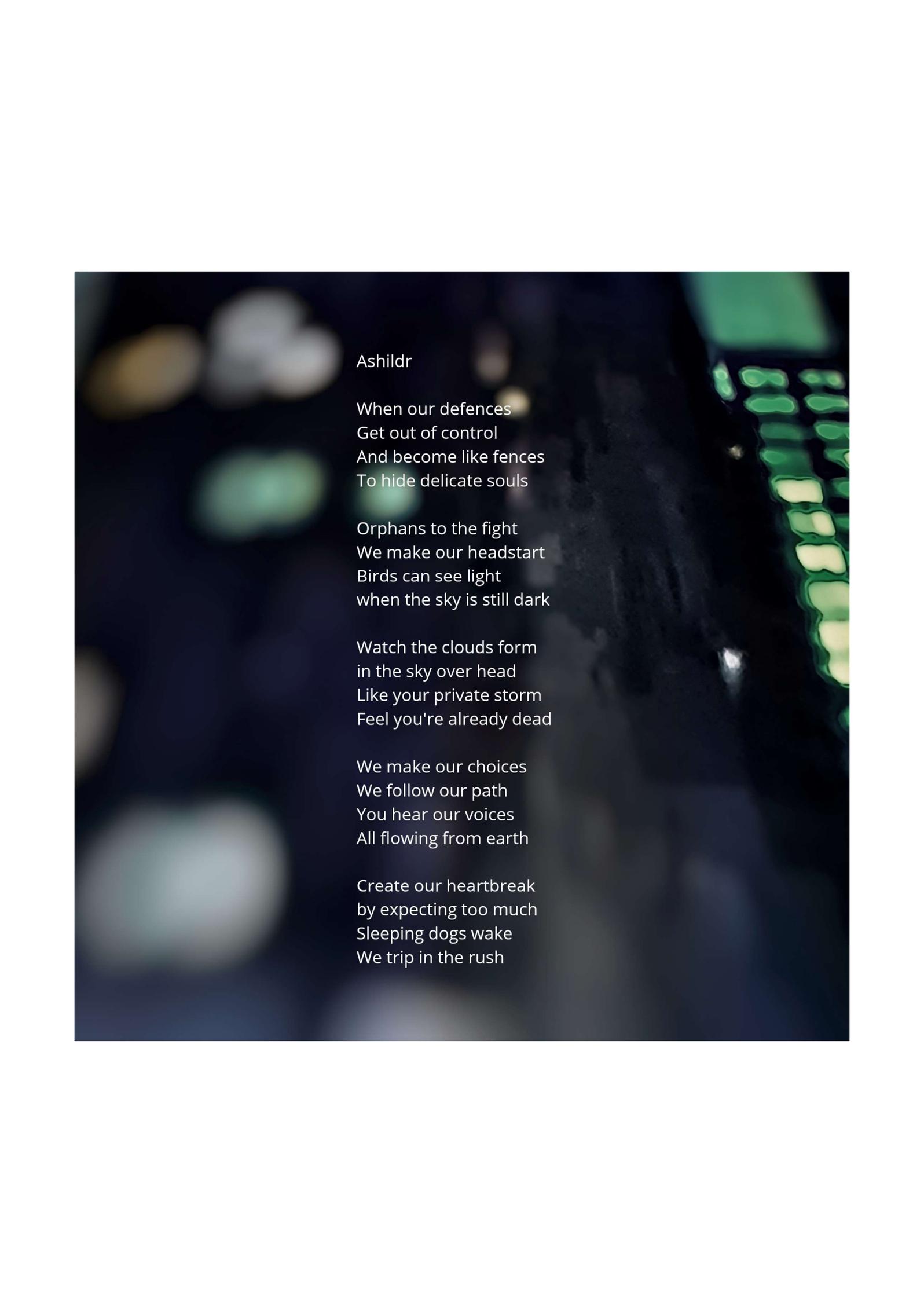
The night is falling
Its near closing time
I stand there looking at you
Sometimes, we love
How lucky we are

Its cold and I'm shivering
You're giving your smile
What did you want me to do?

Sometimes, we love
How lucky we are

I wait for your signal
You make me try a little
If I try hard enough, Kiss you
Sometimes, we love
How lucky we are

You make it feel real
I can feel your cold metal
Only want what I know
Sometimes, we love
How lucky we are



Ashldr

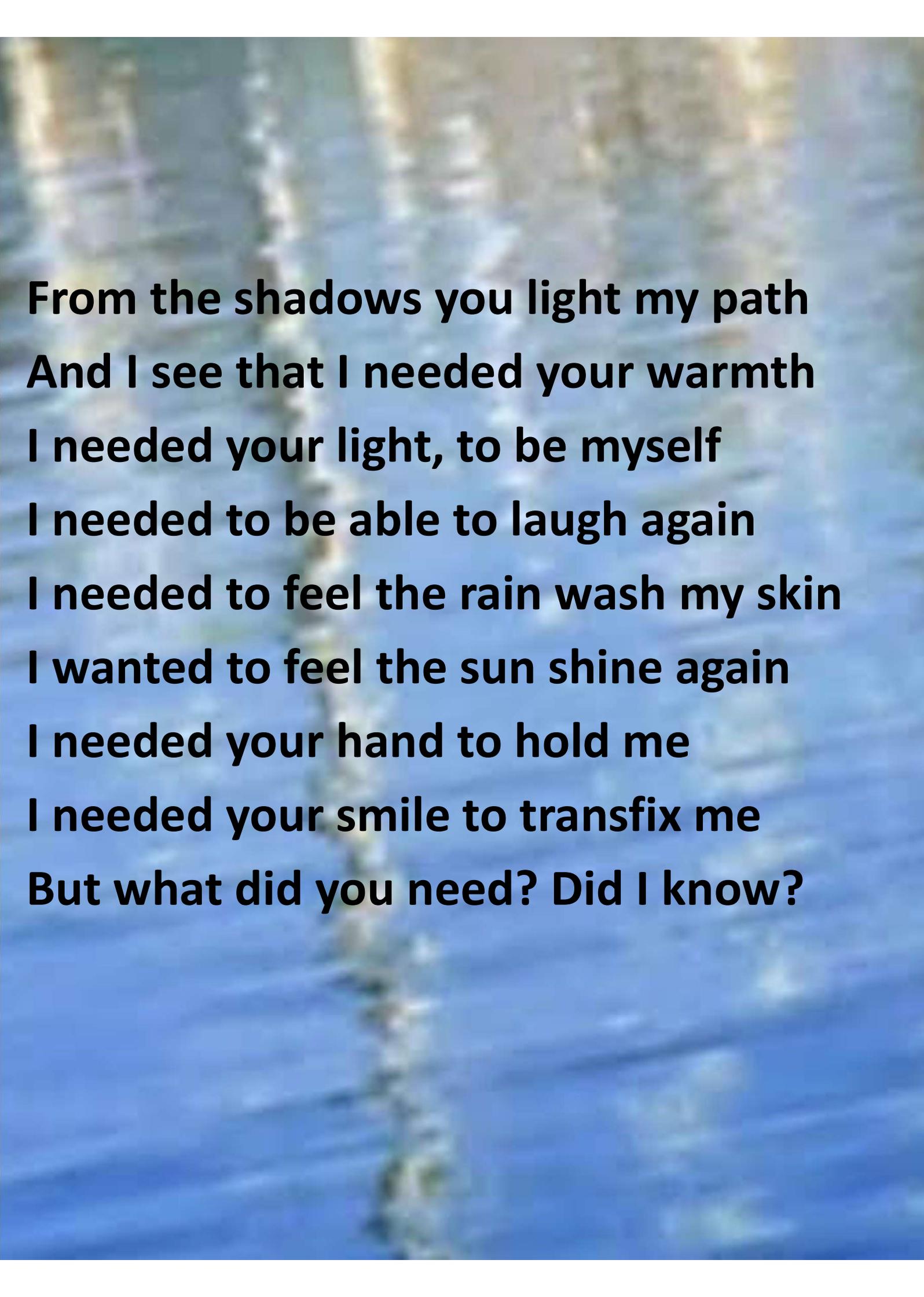
When our defences
Get out of control
And become like fences
To hide delicate souls

Orphans to the fight
We make our headstart
Birds can see light
when the sky is still dark

Watch the clouds form
in the sky over head
Like your private storm
Feel you're already dead

We make our choices
We follow our path
You hear our voices
All flowing from earth

Create our heartbreak
by expecting too much
Sleeping dogs wake
We trip in the rush



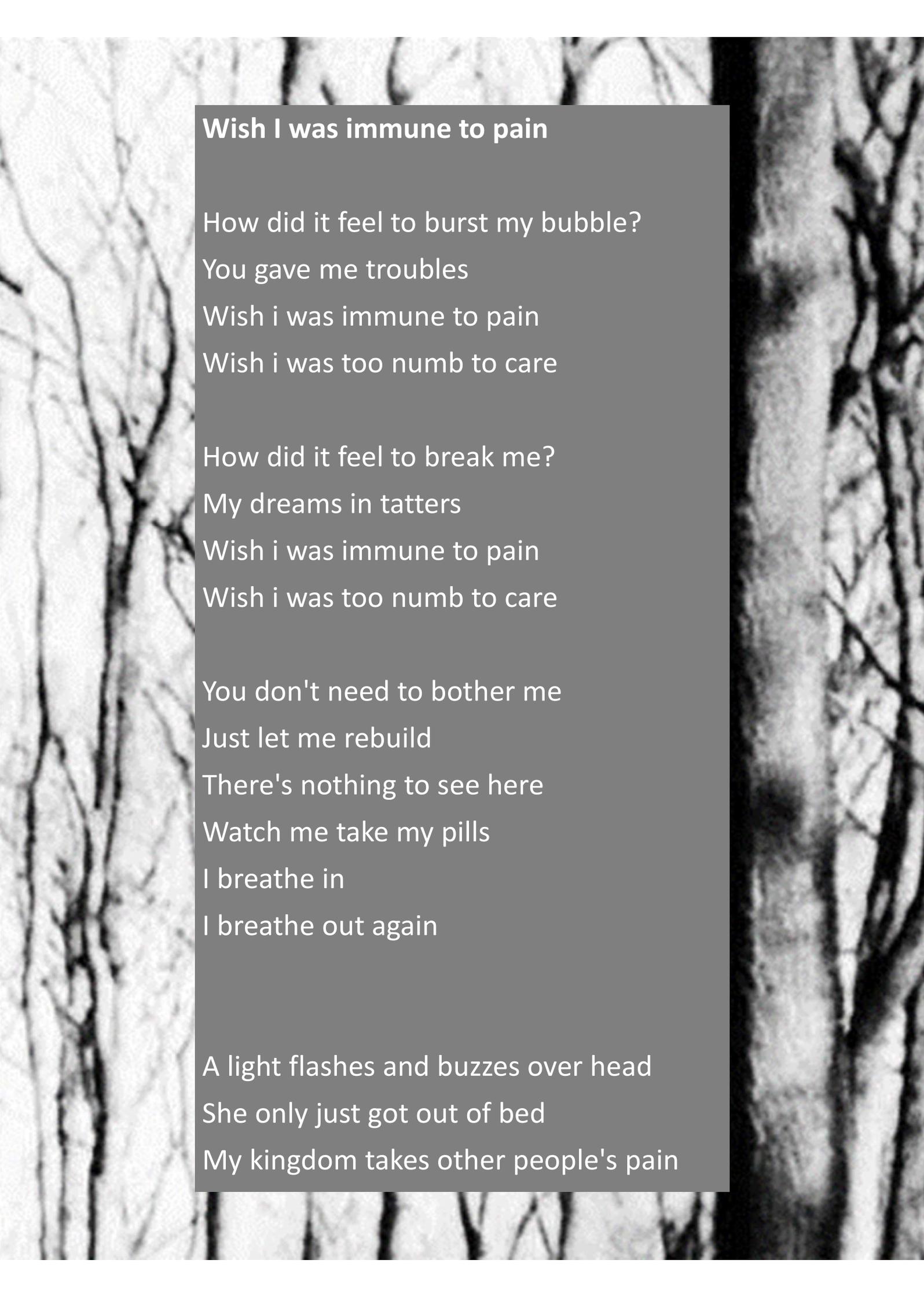
**From the shadows you light my path
And I see that I needed your warmth
I needed your light, to be myself
I needed to be able to laugh again
I needed to feel the rain wash my skin
I wanted to feel the sun shine again
I needed your hand to hold me
I needed your smile to transfix me
But what did you need? Did I know?**

Without Breaking glance

Give him what he wants
Its not worth it mate
Literally just hunts
Eyes filled with hate
He takes your stance
Without Breaking glance

Keep it real man
What are you gonna do?
He ain't really a fan
It isn't in the rules
Stand there in a trance
Without Breaking glance

The Broken bones
Twisted, scarred faces
It just feels the norm
Quiet makes me daze
Quick bare knuckle dances
Without Breaking glance



Wish I was immune to pain

How did it feel to burst my bubble?

You gave me troubles

Wish i was immune to pain

Wish i was too numb to care

How did it feel to break me?

My dreams in tatters

Wish i was immune to pain

Wish i was too numb to care

You don't need to bother me

Just let me rebuild

There's nothing to see here

Watch me take my pills

I breathe in

I breathe out again

A light flashes and buzzes over head

She only just got out of bed

My kingdom takes other people's pain

Lifeless in contradiction

Through the dark she follows light
Forgets what had come into sight
She doesn't have the faintest idea

Lifeless in contradiction
There's nothing out there

Her face full of marks, she walks slow
Keeps the doors shut down the corridor
Your part will soon be over

Lifeless in contradiction
There's nothing out there

Looking to get out of billions of places
Listening to your phoney explanations
I don't waste my time

Lifeless in contradiction
There's nothing out there

Time doesn't move, its stuck, its broken
Imagine you're just about to be woken
I can fix that

Lifeless in contradiction
There's nothing out there

Love should be a living thing

Tighten, tighten,

Leave not a single pocket of air,

Between us,

As she drifts on the tide,

Water slowly gaining pace,

Fading away, out of view,

My whole being becomes numb,

Even in the darkest dreams,

I know you're fragile, delicate,

I'll go anywhere with you

Love should be a living thing.

My love, my love,
Don't leave me to go on alone,
Touch me,
I gently kiss her forehead,
My breath sticks in my throat,
I hold onto her hand,
A hollow promise to never let go,
Even in the darkest dreams,
I can feel your heart break,
I'll go anywhere with you,
Love should be a living thing.

Hold on, hold on,
Don't dare let go of my cold hand,
Don't let go
I lovingly close her eyes,
I absorb everything she saw,
In a monochrome moment,
Stream of consciousness,
Even in the darkest dreams,
I know if I touch you I'll break you,
I'll go anywhere with you,
Love should be a living thing.

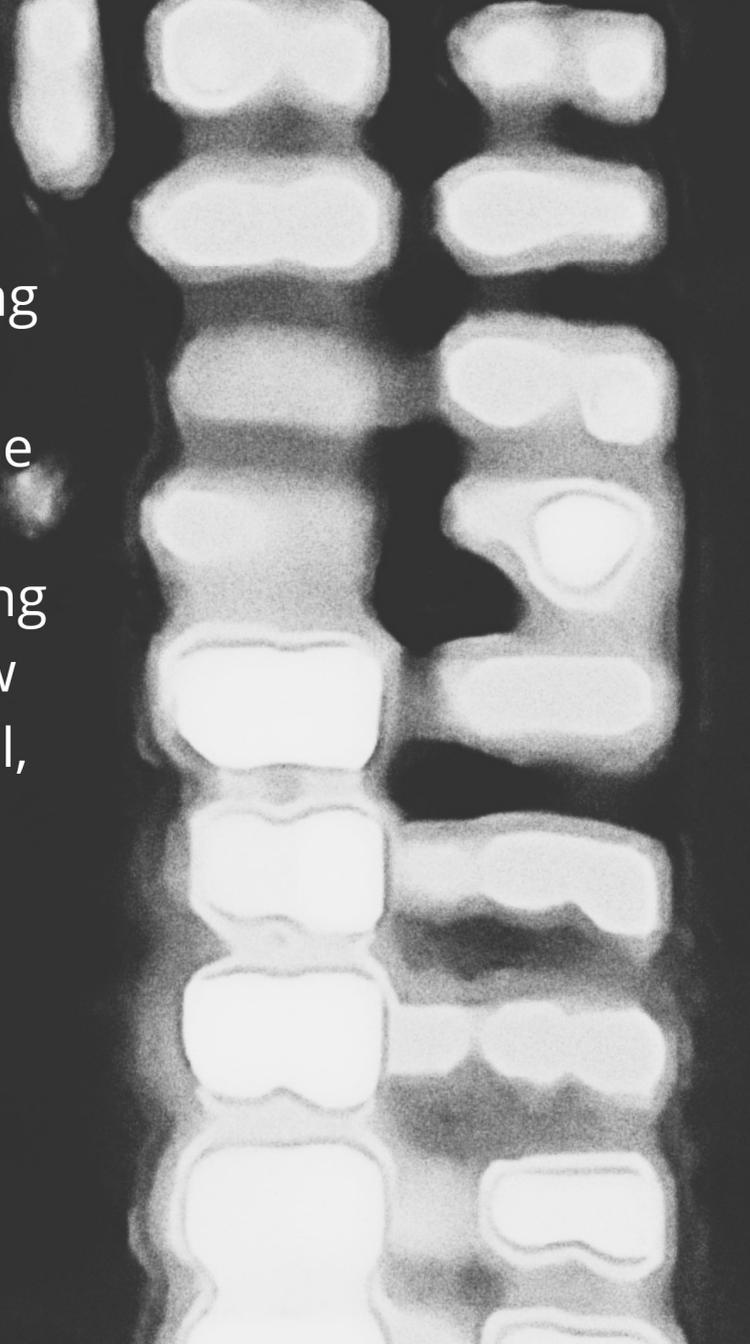
Domino fall out

I saw back to my origins
And I shouted to let it be
I saw the times and sins
That weren't committed by me

Come my gentle spirit
I thought you could rescue me
But you leave me in it
Its too dark in here to see

In Domino fall out
Everything I do comes back
I give a shout out
Miss the punches it packs

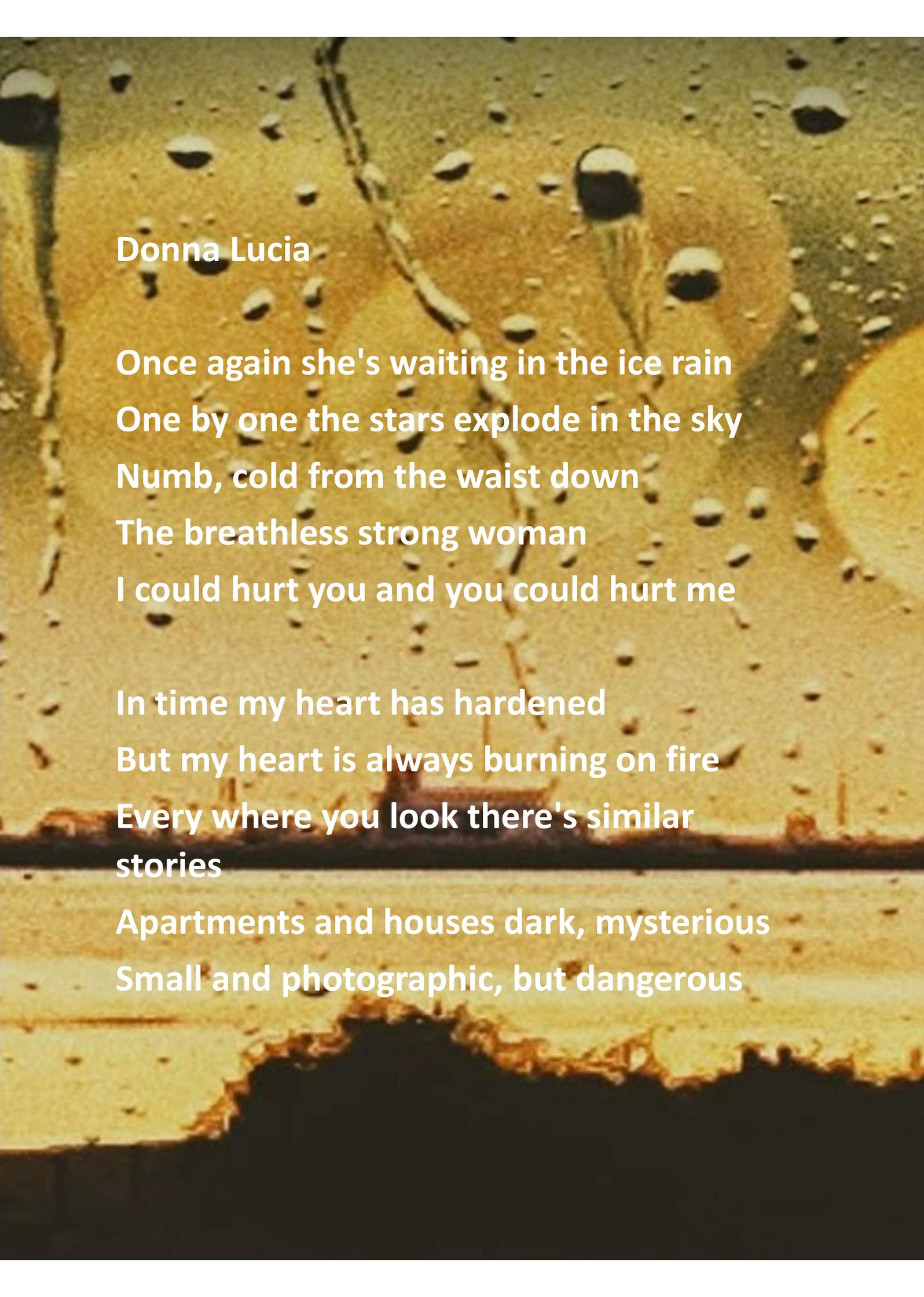
Deadly cold and brutal rain
How long has it been?
I admit I don't feel the same
I casually leave the scene



***The weather waits
outside your window***

There was no swirling
mist tonight I said
Any anyway I told the
truth last night
The weather is waiting
outside your window
She climbed, she fell,
she slid and she ran
Sensory bubble
waiting for you to
come home

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Poetry 2020



Donna Lucia

**Once again she's waiting in the ice rain
One by one the stars explode in the sky
Numb, cold from the waist down
The breathless strong woman
I could hurt you and you could hurt me**

**In time my heart has hardened
But my heart is always burning on fire
Every where you look there's similar
stories**

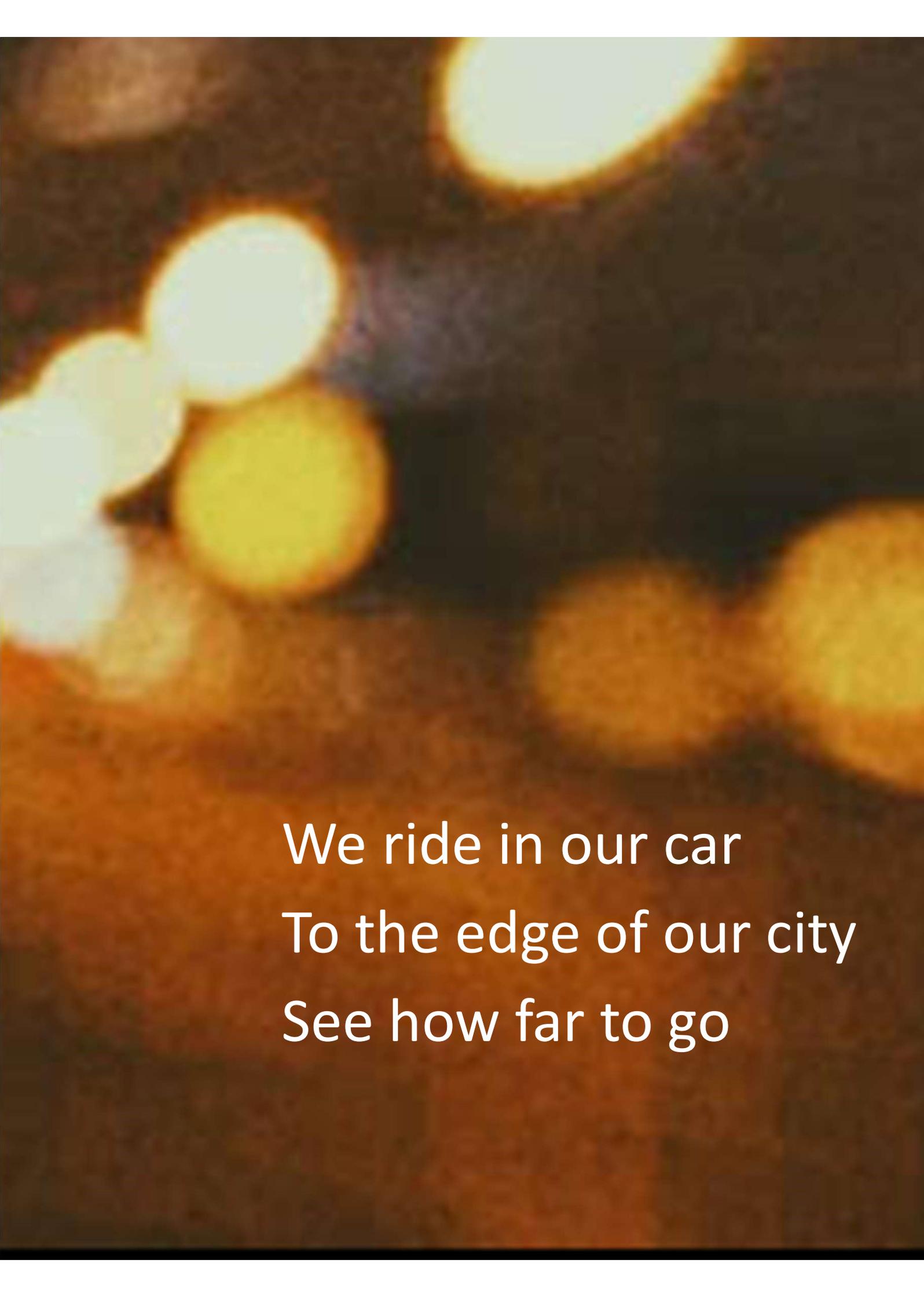
**Apartments and houses dark, mysterious
Small and photographic, but dangerous**

In her song

Among the glare of city lights
And the shouts and screams
I can see her glowing bright
And I find the hidden meaning
In her song

The delicate craft and the genius
Detailed in such a precise vision
Of her writing about all of us
Born of her dark inspiration
In her song

The mirror shouts out her name
Too late now to change her story
Dancing wildly through her fame
Moments of regret, she says sorry
In her song



We ride in our car
To the edge of our city
See how far to go

Don't you bear down on me

Is that your worth?

Is that what you bring to the earth?

Did you think about it?

Head in my hands

Watching the drift of time sands

You have to pay the price

Standing in front of you

Do what you feel that you need to do

Don't you bear down on me

You show your teeth

I showed my courage and self-belief

It's time to go home

Aurora beacon

Sun shining down on us two

White haze clouds



Ring laid to rest

On a sandy beach
On a summer's day
I looked out to sea
Thinking of the ceremony

Looking at my ring
I was going to throw it
Into the beautiful sea
A grand gesture

To finish it off
But you didn't deserve that
It just didn't feel right
I threw it in a bin instead

Love you more in real life

A Walk in the city

Pavement is on fire

Love you more in real life

Live with all your heart

Welcome the tide

Another day got away

Love you more in real life

Live with all your heart

If you dance with me

Please don't let me go

Love you more in real life

Live with all your heart

Velvet air of morning

Share myself with you

Love you more in real life

Live with all your heart

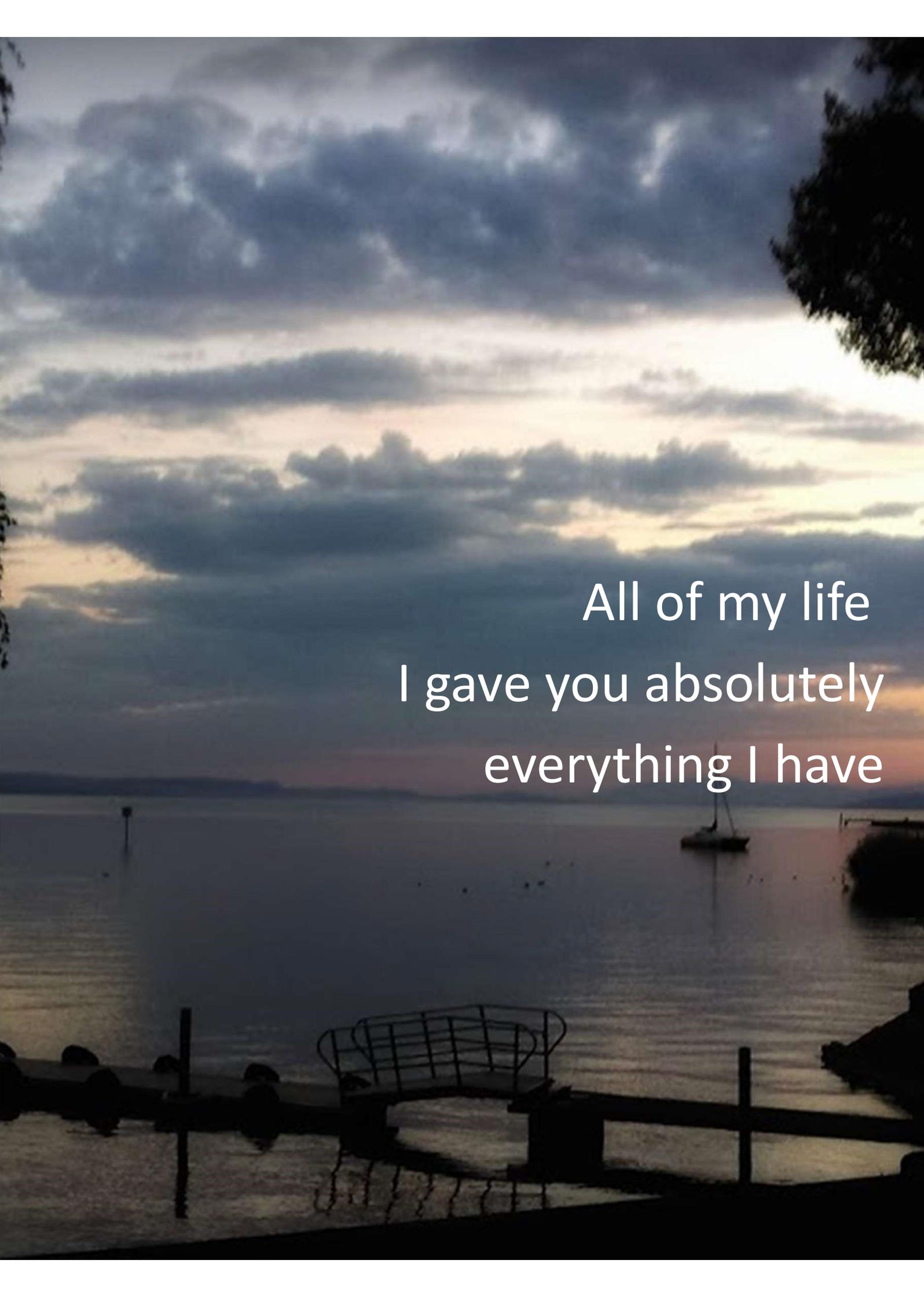
So, I was stood all alone thinking of you,
WISHING THAT I COULD ALWAYS BE THERE WITH YOU,
BABY IT'S ALL I KNOW, ITS ALL I CAN DO,
I've never met anyone quite like you.

And when I'm with you I promise that,
I' LL NEVER LET THE SMILE SLIP FROM MY FACE,
I WHISPER THIS INTO THE NIGHT FOR YOU
TO HEAR,
How I missed you while we were apart.

Will the wind
BRING YOU TO ME? ?

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I see darkness in you
I will never forget
Still speaking softly
Who fell over first?

A photograph of a sunset over a body of water. The sky is filled with dark, heavy clouds, with a bright glow of light breaking through near the horizon. In the foreground, a dark silhouette of a pier or dock structure is visible, including a small platform with a metal railing. A small boat is visible on the water in the middle ground. The overall mood is somber and reflective.

All of my life
I gave you absolutely
everything I have

Where did you go?

Dead end streets feel so empty

Buildings towering

Windows smashing

The sun rises, warming me up

Where did you go?

Slow waves crashing towards us

Water splashing

Avoiding drowning

Sitting on top of a circle

Where did you go?

Where did you go?

Where did you go?

Patterns in the sand are temporary

Time disappearing

Life hurting

Curves carved out of stone

Where did you go?

Don't share your secrets

Who the hell wants to know them?

Its my thoughts only

Ritual of time

Memories of past moments

traditions of love



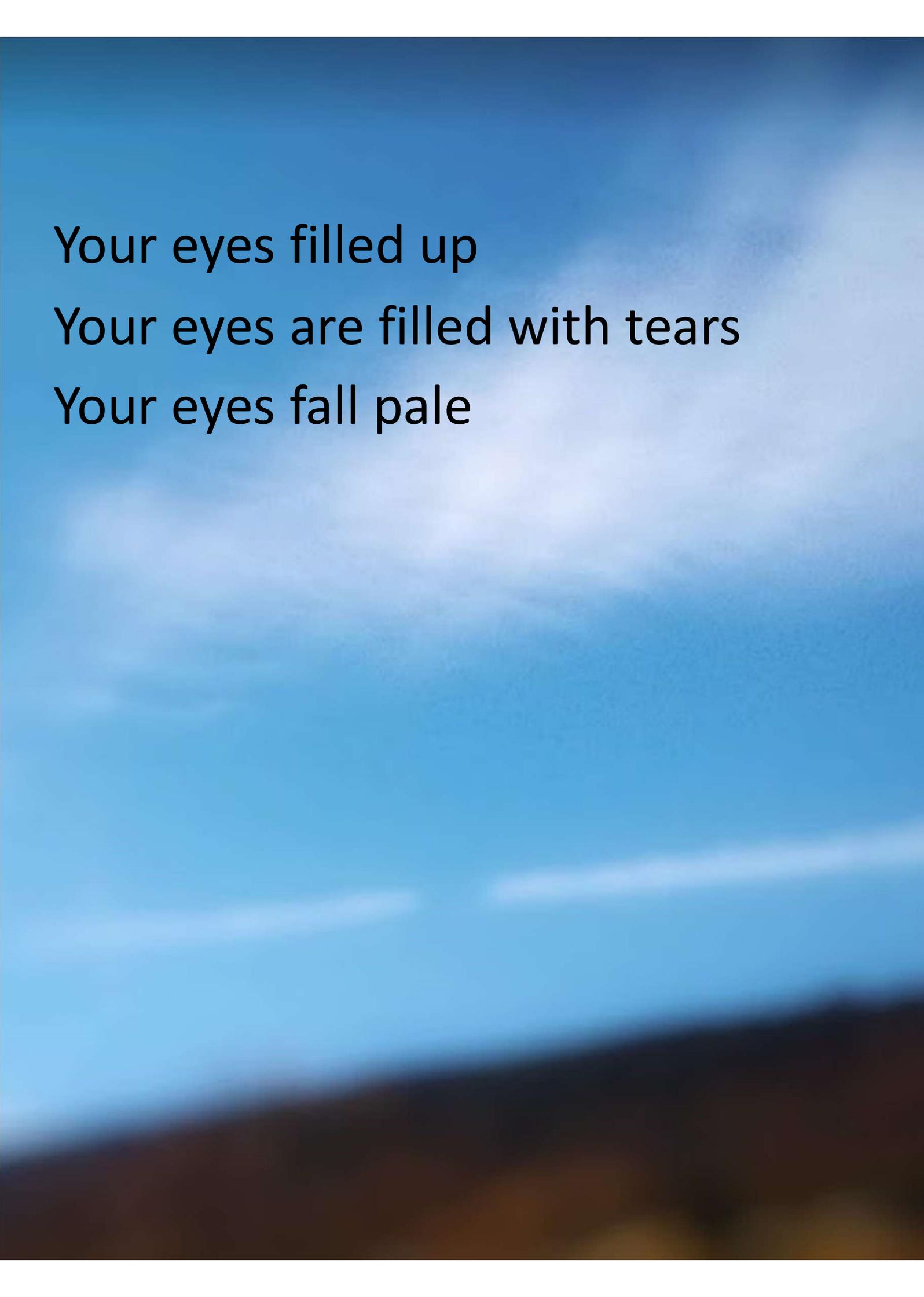
Handsome and tall and proud and powerful

My bloodshot eyes finding light
In the blackest, loudest night
How did I find my red flare?
How did i find you waiting there?
I finally opened my eyes

Finally, I grew handsome and tall
and proud and powerful

I drowned in the coldest water
I became the tides passenger
You hold out a hand to see me right
Pull me slowly back towards light
I hold you in high regard

Finally, I grow handsome and tall
and proud and powerful



Your eyes filled up

Your eyes are filled with tears

Your eyes fall pale

There's no way I can help myself

Dark, deep, so beautiful
I wander with eyes shut
But I still see you
Without you I'm hurt
There's no way I can help myself

Your face resembles mine
Just so much love to give
I like to see it as a sign
The gift I have to live
There's no way I can help myself

You made me feel like
I was going mad
I swear I lost my sight
I'm breaking, bad
There's no way I can help myself

You are my honesty
My soured truth
I give you loyalty
That's what's love
There's no way I can help myself

In bed the lovers
Whispering nothing anymore
The room is dense



The hit

She hit me hard in the face

"You deserved it, you provoked me"

She came after me with a knife

"It was your fault that I got angry"

She kicked me in a public place

"You should have paid more attention"

She controlled me to feel better

"You're just not very capable"

She turned out to be bigoted

"You should conform to my views"

- You should behave like a human
being

Peace feels so good
when you find it in your soul
Deep breathing Meditation



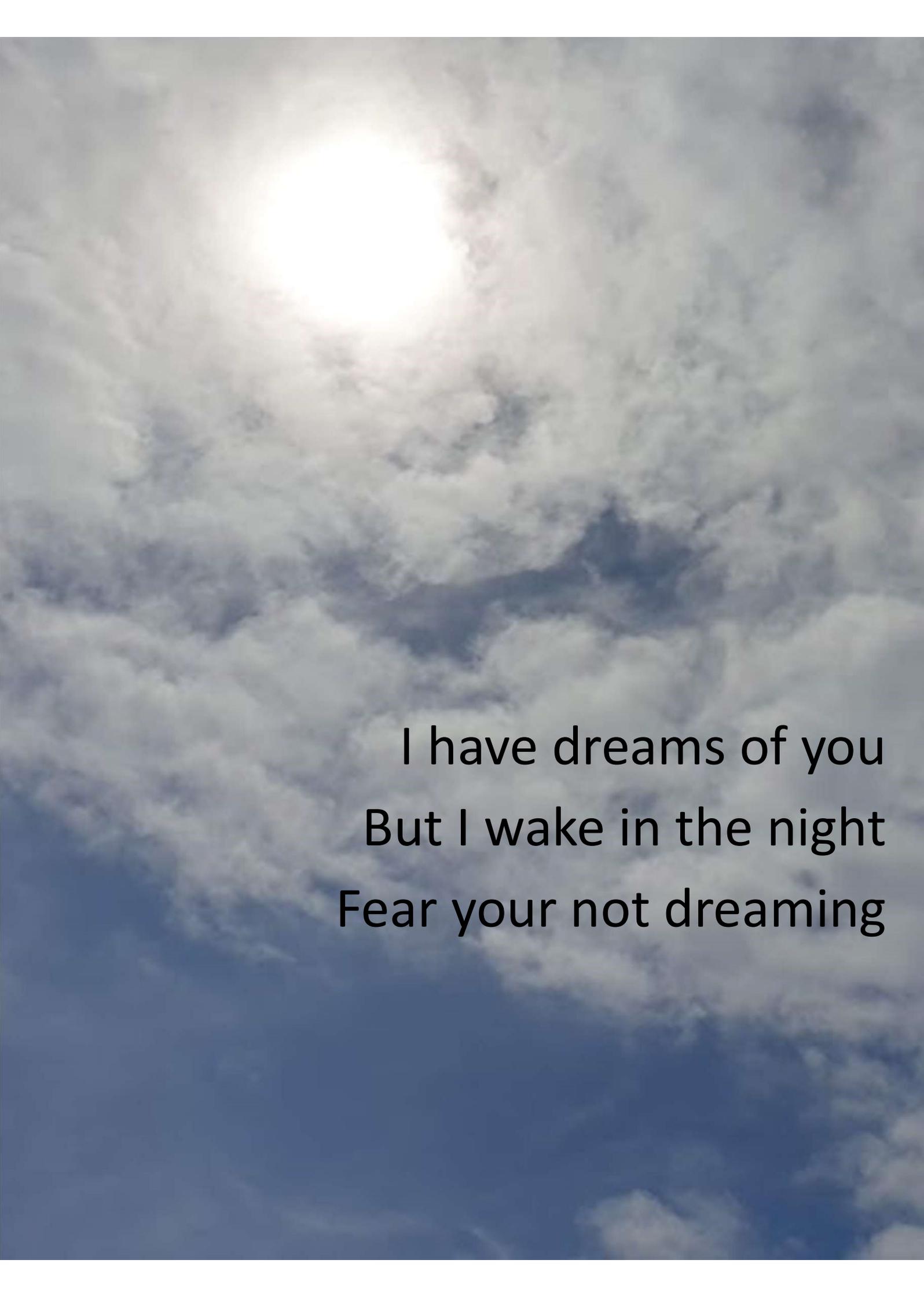
What's in your hand Madeline?

She stood in a dark doorway
Waiting for him to wake up
Her eyes punching holes
Into the night
What's in your hand Madeline?

Slowly she grew weary
As sleep finally caught up
Still she couldn't let him
Wake alone
What's in your hand Madeline?

Her need was obsessive
She almost wanted death
Rather than let him go
Slip away
What's in your hand Madeline?

**do
what
you
got a
do**

A bright sun is positioned in the upper left quadrant, partially obscured by a dense layer of soft, white, puffy clouds. The sky transitions from a pale blue near the sun to a deeper blue at the bottom. The overall atmosphere is serene and dreamlike.

I have dreams of you
But I wake in the night
Fear your not dreaming

Your mind doesn't change

Your mind doesn't change
without reason

Your mind doesn't change
Unless you want it to

Your lies are poisonous
Without reason

Your lies are poisonous
They won't hurt me

Things you said & did
Without reason

Things you said & did
can't hurt me anymore

Downwards spiral

I had no focus as the lights dimmed in late autumn

I had no vision to drive me on, past the deep red trees

The blur was disheartening as I lost hope of a rest bite

My head was a fuzzy mess of old thoughts, chained promises

I had tears in my eyes and rolling down my cold face

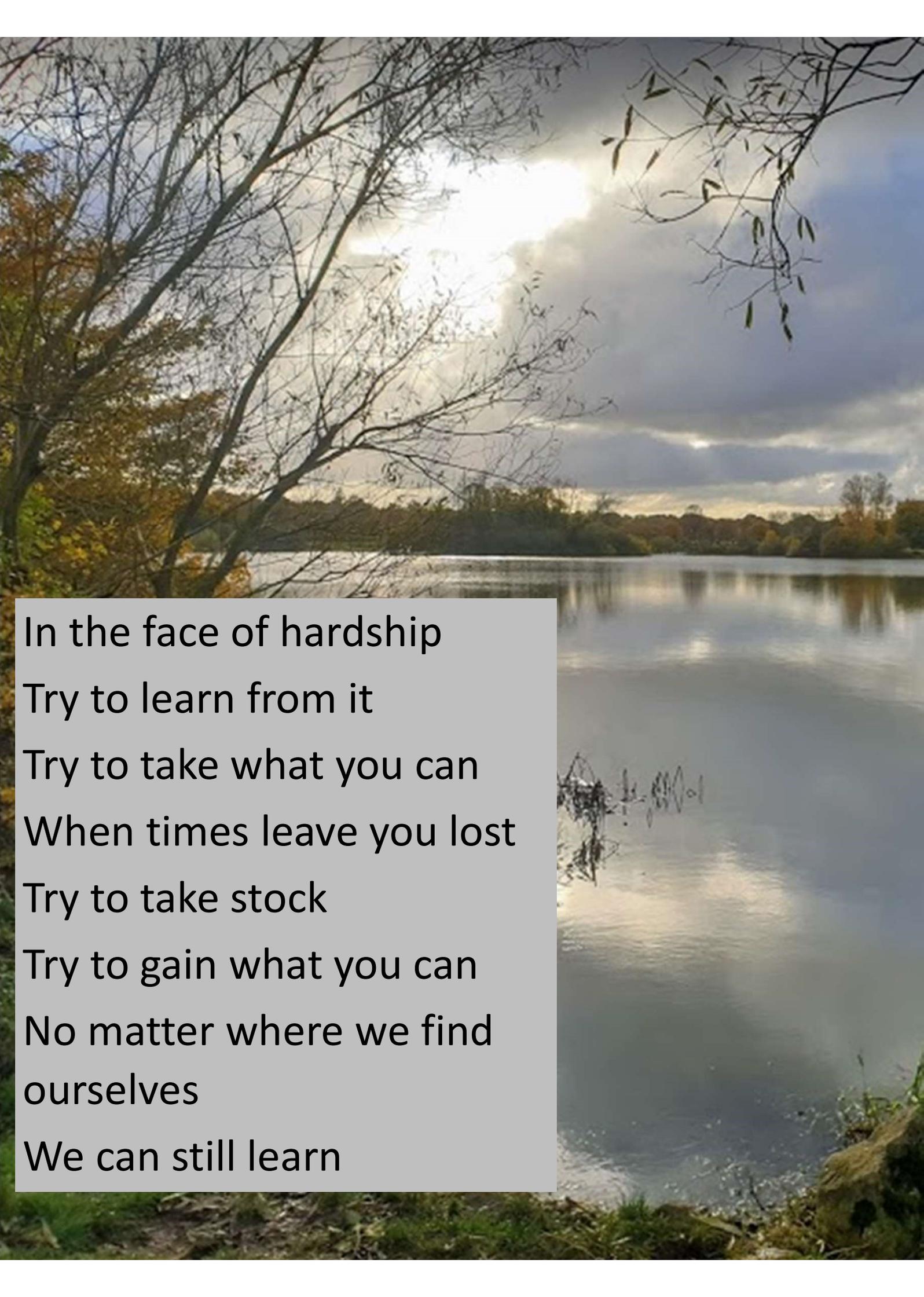
I had no reason, no reason to have felt like I do

No hero in a crisis

I'm a life absentee
I'm not hope, I'm not free
I exist only as vapour
I have my own cause
She'd like to hold me
No hero in a crisis

Acrylic, and see through
Invisible, can't touch you
I just haven't got any fight
I melt faster than an ice cap
She'd like to hold me
No hero in a crisis

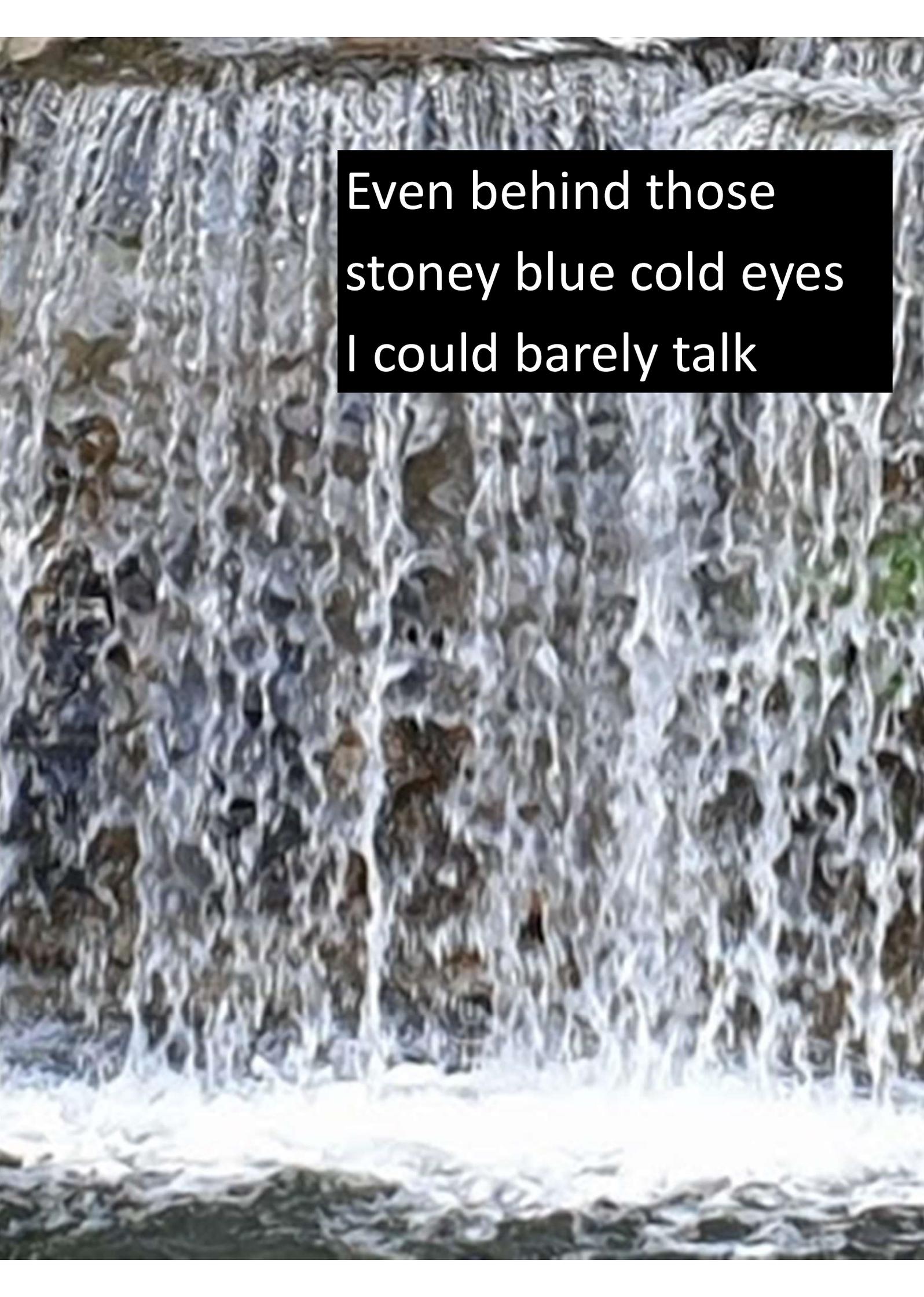
The way she moves her hand
To guide me through the day
The way she opens her eyes
To welcome in the day
The way she moves her lips
To make sure she has her say
Tells me something

A scenic landscape featuring a calm lake in the foreground, reflecting the sky and surrounding trees. The sky is filled with dramatic, dark clouds, with a bright sun breaking through near the top center, creating a lens flare effect. Bare tree branches frame the top and left sides of the image, while some green foliage is visible at the bottom. The overall mood is serene and contemplative.

In the face of hardship
Try to learn from it
Try to take what you can
When times leave you lost
Try to take stock
Try to gain what you can
No matter where we find
ourselves
We can still learn

Beneath sun we float
Beneath wispy clouds
we dream
Give yourself yourself

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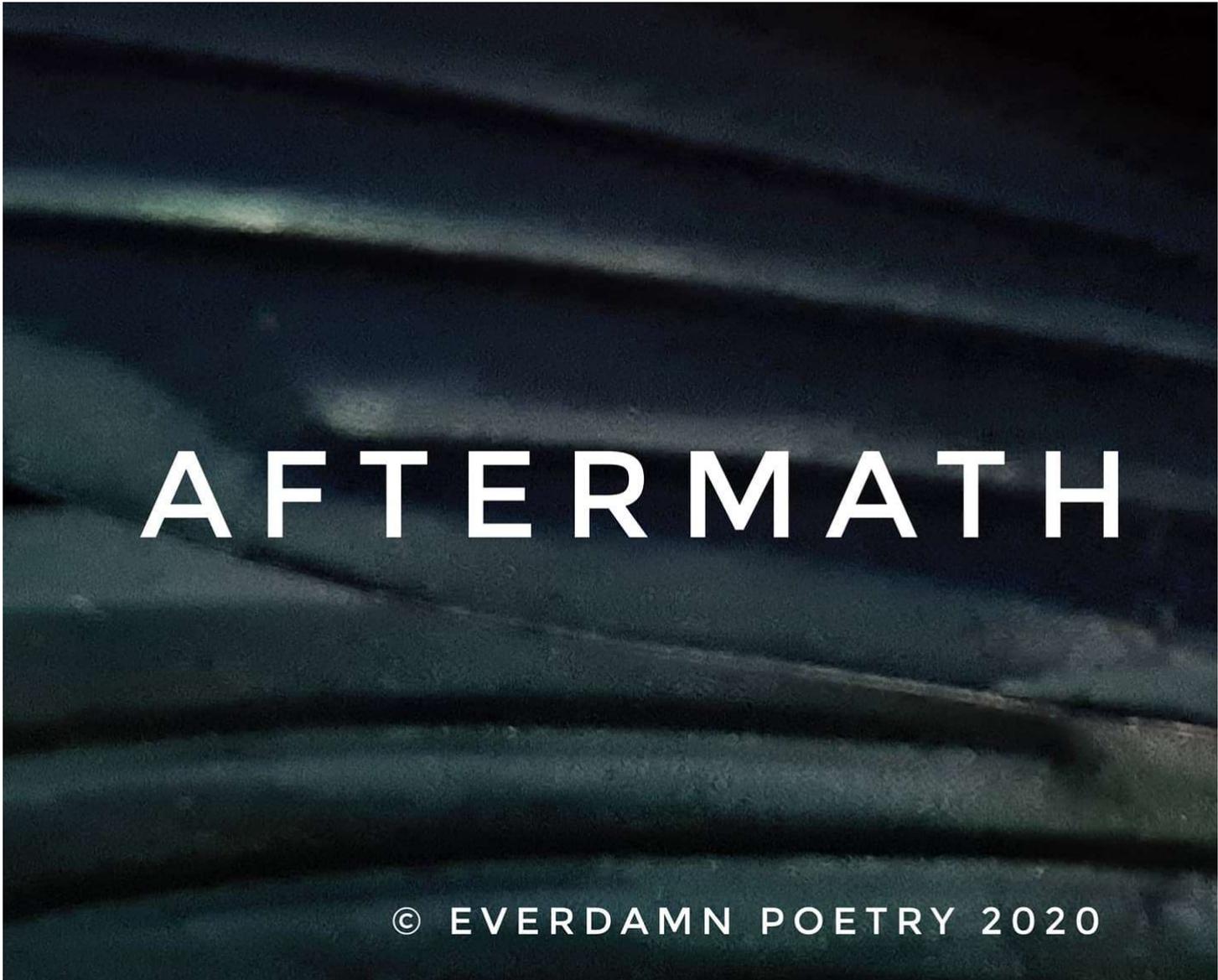
Even behind those
stoney blue cold eyes
I could barely talk

NAMELESS, FACELESS AND OUT OF TIME
INDUSTRIAL BACK STREET SUMMONED
DRESSED IN A RIPPED BLACK OVERCOAT
CRAWL BACK INTO HER ARMS
YOU FEEL HOW YOU WERE NEVER SUPPOSED
TO

BREATHLESS, WAITING IN DIM LIT BAR,
SHE SAT AND SHE WAITED
DRESSED IN THE DRESS SHE ALWAYS WORE
HOLD OUT YOUR ARMS
YOU FEEL HOW YOU ALWAYS THOUGHT YOU
SHOULD

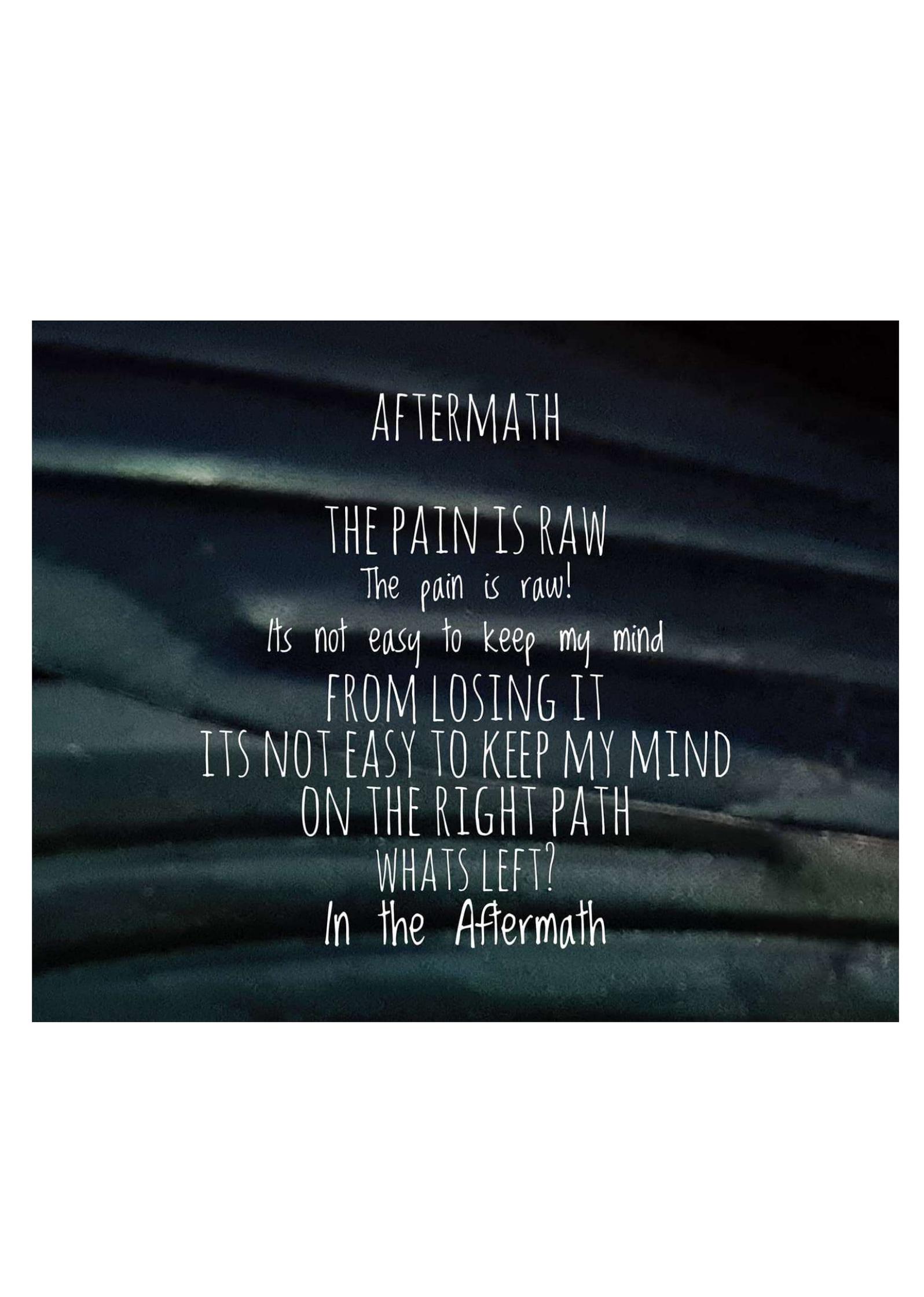


The wheel turns around
Wheel spinning out of control
I've learnt just to watch



AFTERMATH

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AFTERMATH

THE PAIN IS RAW

The pain is raw!

Its not easy to keep my mind

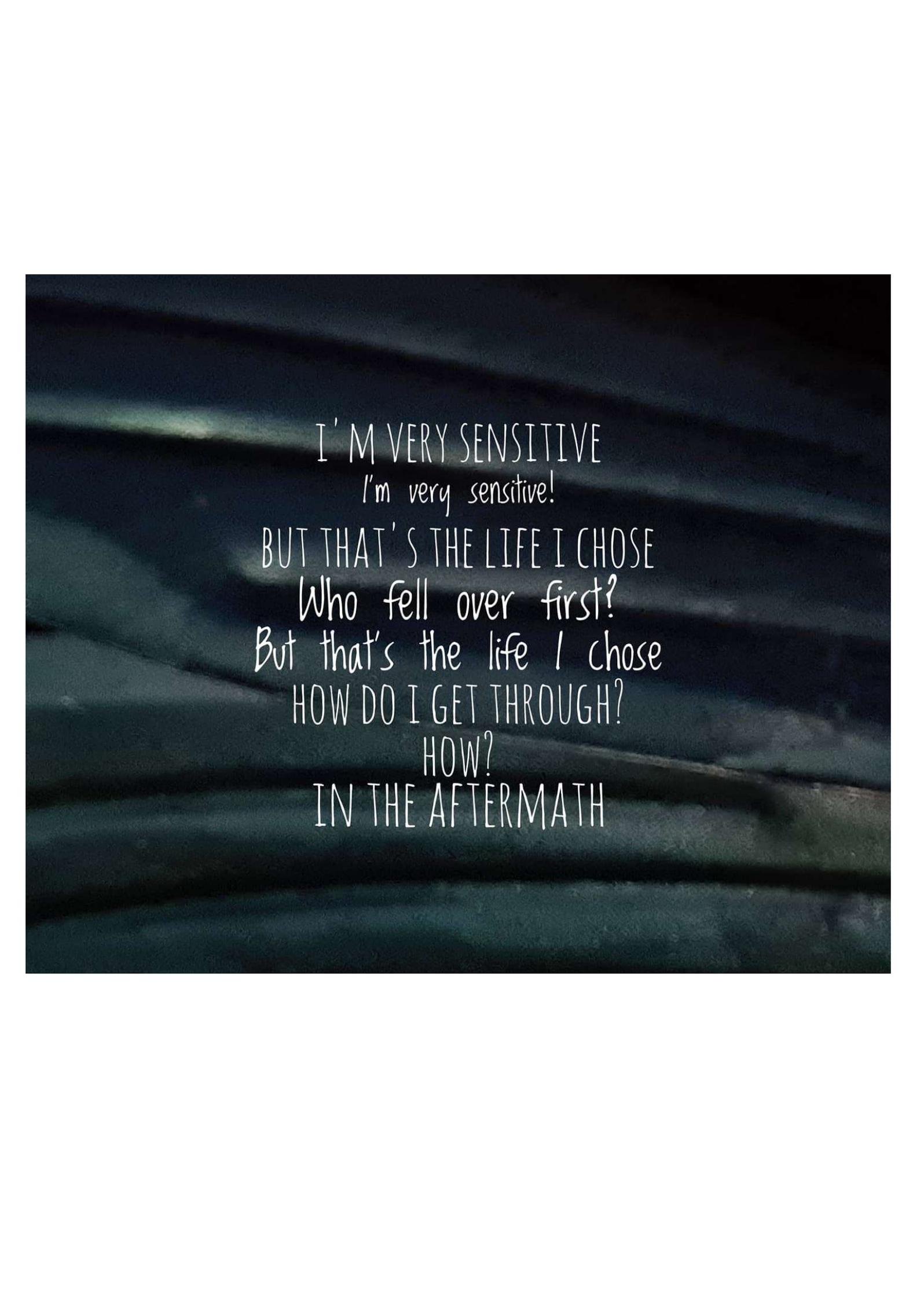
FROM LOSING IT

ITS NOT EASY TO KEEP MY MIND

ON THE RIGHT PATH

WHATS LEFT?

In the Aftermath



I'M VERY SENSITIVE

I'm very sensitive!

BUT THAT'S THE LIFE I CHOSE

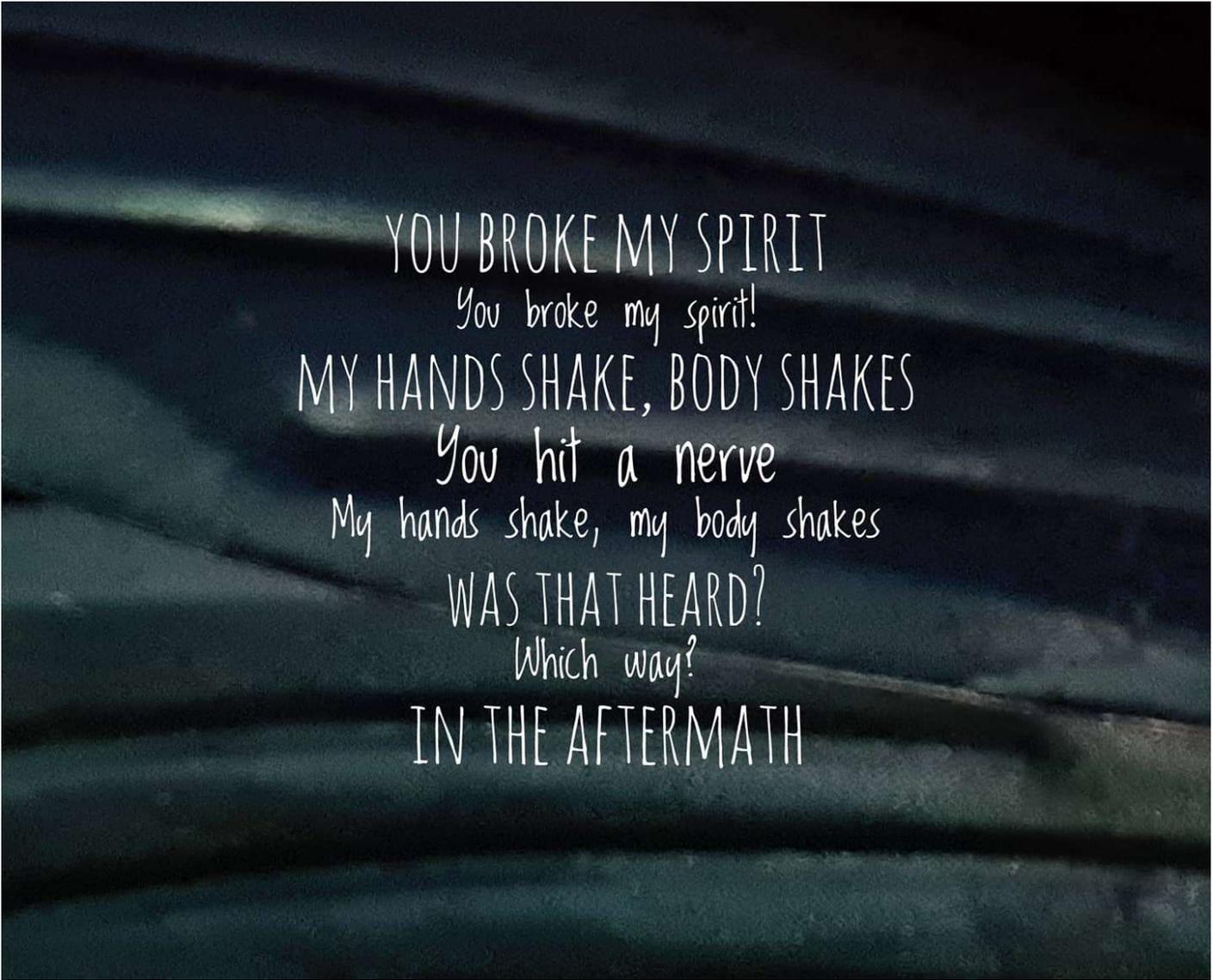
Who fell over first?

But that's the life I chose

HOW DO I GET THROUGH?

HOW?

IN THE AFTERMATH



YOU BROKE MY SPIRIT

You broke my spirit!

MY HANDS SHAKE, BODY SHAKES

You hit a nerve

My hands shake, my body shakes

WAS THAT HEARD?

Which way?

IN THE AFTERMATH

Don't make me feel this

Someone called me on the phone

"Can you meet me there?"

I'm not going to do this anymore

It's really good just to get away

Don't make me feel this

Don't make me feel this

"Just a moment" I heard myself say

I think I'm just a stones throw away

It really is the last of last times

but now I just wanted to get away

Don't make me feel this

Don't make me feel this

Your lying to me, and I know it

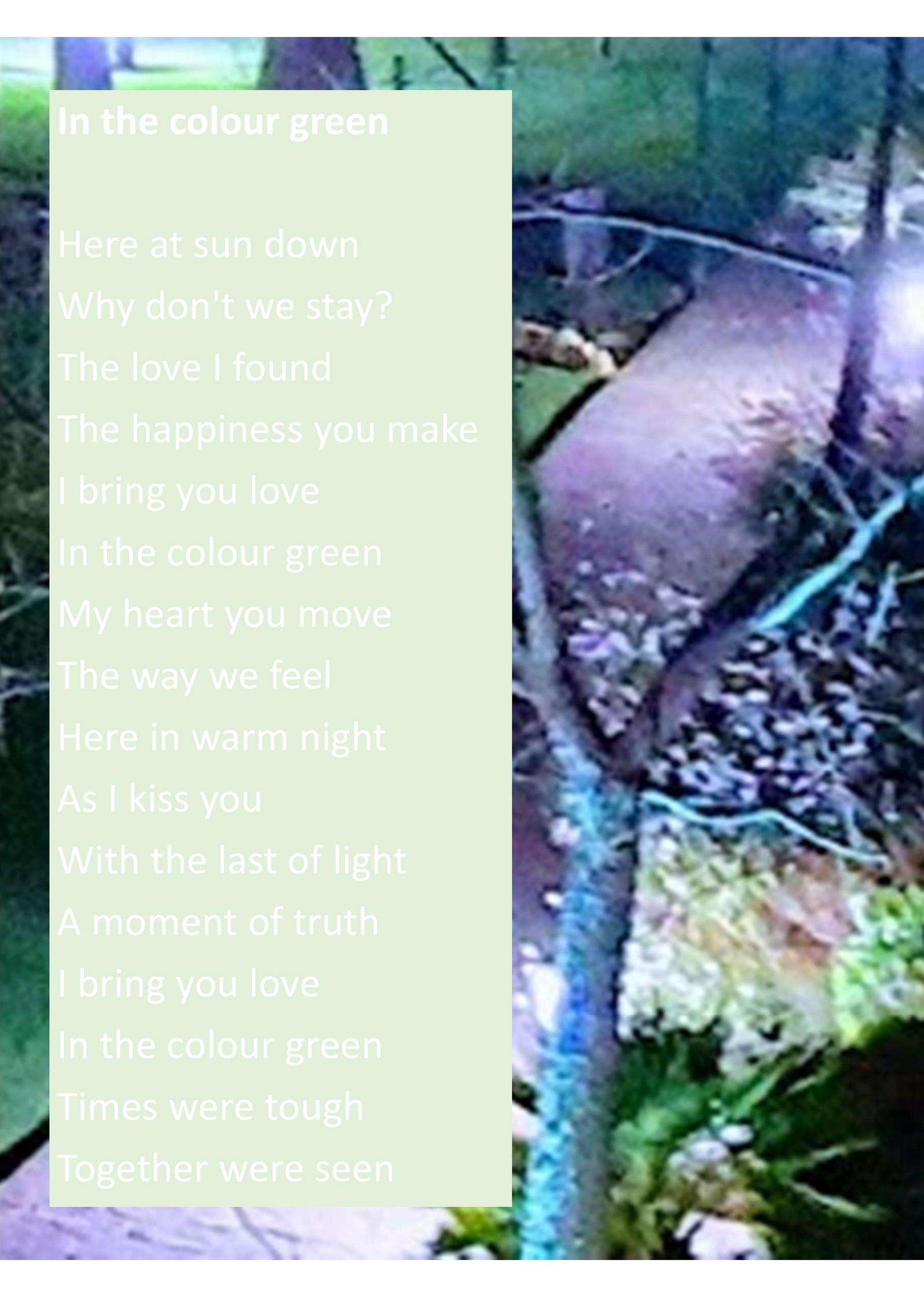
Your eyes are blazing so crazy

not going to let this happen again

Its really good to get away

Don't make me feel this

Don't make me feel this



In the colour green

Here at sun down
Why don't we stay?
The love I found
The happiness you make
I bring you love
In the colour green
My heart you move
The way we feel
Here in warm night
As I kiss you
With the last of light
A moment of truth
I bring you love
In the colour green
Times were tough
Together were seen

Can I let it go?

Feel the power of the stage

Feel how it empowers me

I've cried my last tear

I've moved myself on

Can I let it go?

Can I feel differently?

Emerge from the stormy sea

Feel how it has changed me

I feel differently about it now

I feel more powerful

Can I let go?

Can I release myself?

Walk along the breezy shores

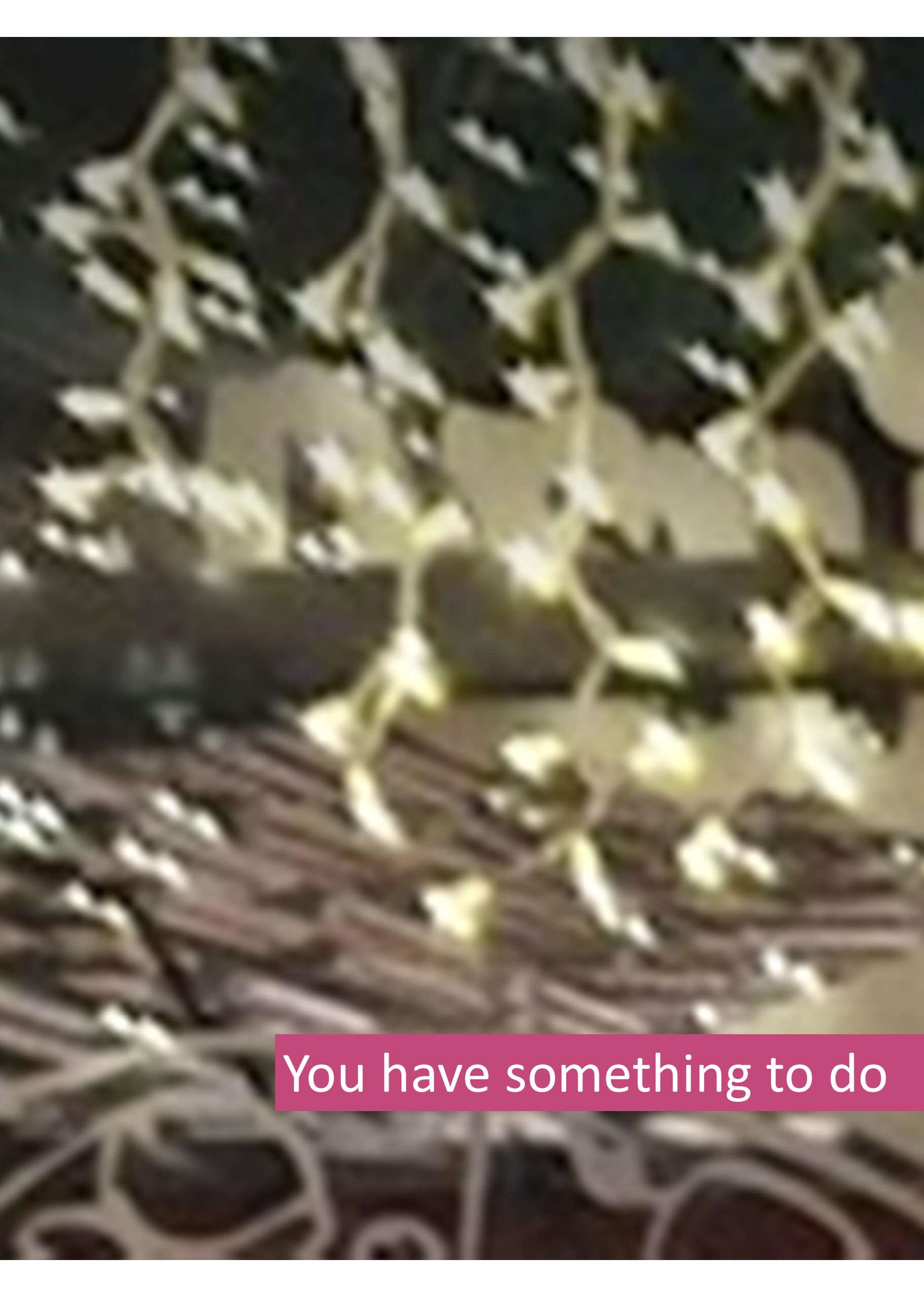
My breath feels more healthy

I know I have to let it be

I know I have to set myself free

Can I let it go?

Can I feel differently?



You have something to do

The morning is so fine today

I see your face shine in the light
from the window

The autumn leaves show your mood

No Stars in the sky

Where there's no stars in the sky
and the hands rise towards where they should be
Where my heart lies under street lamps
the book tells me how to think, how to feel

Where the red brick breaks to my hand
and the tears wash in the cold winter rain
Nothing visible under my cold skin
No way through this situation. I can't see.

A collection of glimpses

There's electricity in my bloodstream
As the music starts with a scream
There's such a feeling in my veins
I try to unlock the heavy chains
I dive deeper into the deepest ocean
I uncover the truth and the meaning
A collection of glimpses

There's electricity in my bloodstream
There's sadness in the bloodstains
The songs a wish and she makes it happen
If I'm not living, the rituals will misshapen
She's writing songs to wake you up
She's writing songs your dreaming of
A collection of glimpses



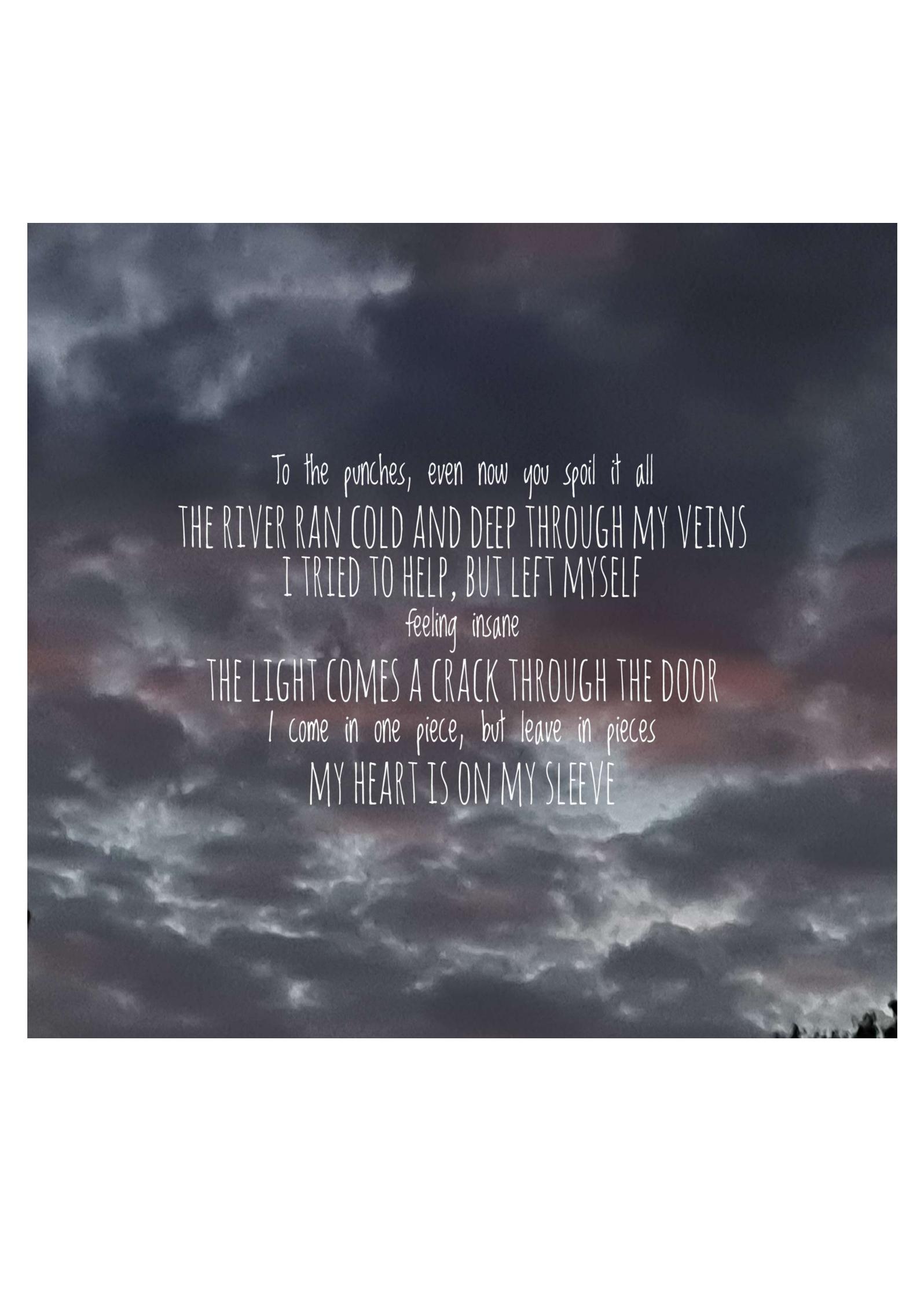
I'm in trouble deep
and I can't seem to come up
to be able to breath

**Say you remember
walking through the city streets
smiling at each other**



**BAD DREAM,
SPIRIT TERRITORY**

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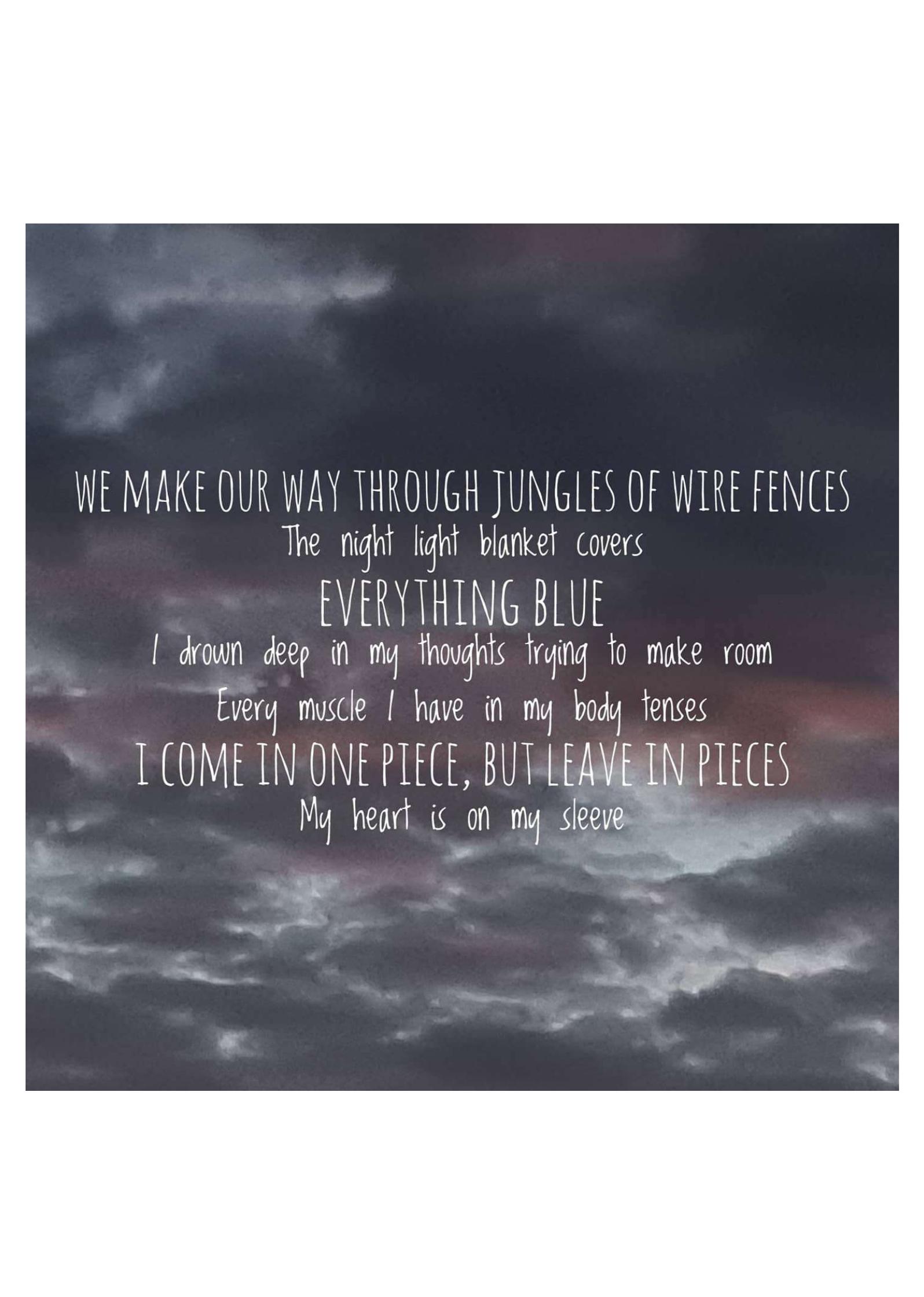
To the punches, even now you spoil it all
THE RIVER RAN COLD AND DEEP THROUGH MY VEINS
I TRIED TO HELP, BUT LEFT MYSELF

feeling insane

THE LIGHT COMES A CRACK THROUGH THE DOOR
I come in one piece, but leave in pieces
MY HEART IS ON MY SLEEVE

A dark, atmospheric landscape with a cloudy sky and a glowing horizon. The colors are muted, with shades of purple, blue, and green, suggesting a twilight or dawn scene. The text is overlaid in the center.

IN MY BAD DREAMS
SPIRIT TERRITORY



WE MAKE OUR WAY THROUGH JUNGLES OF WIRE FENCES

The night light blanket covers

EVERYTHING BLUE

I drown deep in my thoughts trying to make room

Every muscle I have in my body tenses

I COME IN ONE PIECE, BUT LEAVE IN PIECES

My heart is on my sleeve

You're flowing towards me, walking in the rain

The pain
Isn't washed off in the rain
Dried blood
On your lips and chin
Flashing lights
Hurt your eyes to begin
See you
Walking on and on

In my hour of need
You're flowing towards me,
walking in the rain

You said
"I need welcome relief"
Words that
no one stopped to hear
Knees tremble
There's gut wrenching fear
Blood red
Eyes, I need to be near

In my hour of need
You're flowing towards me,
walking in the rain

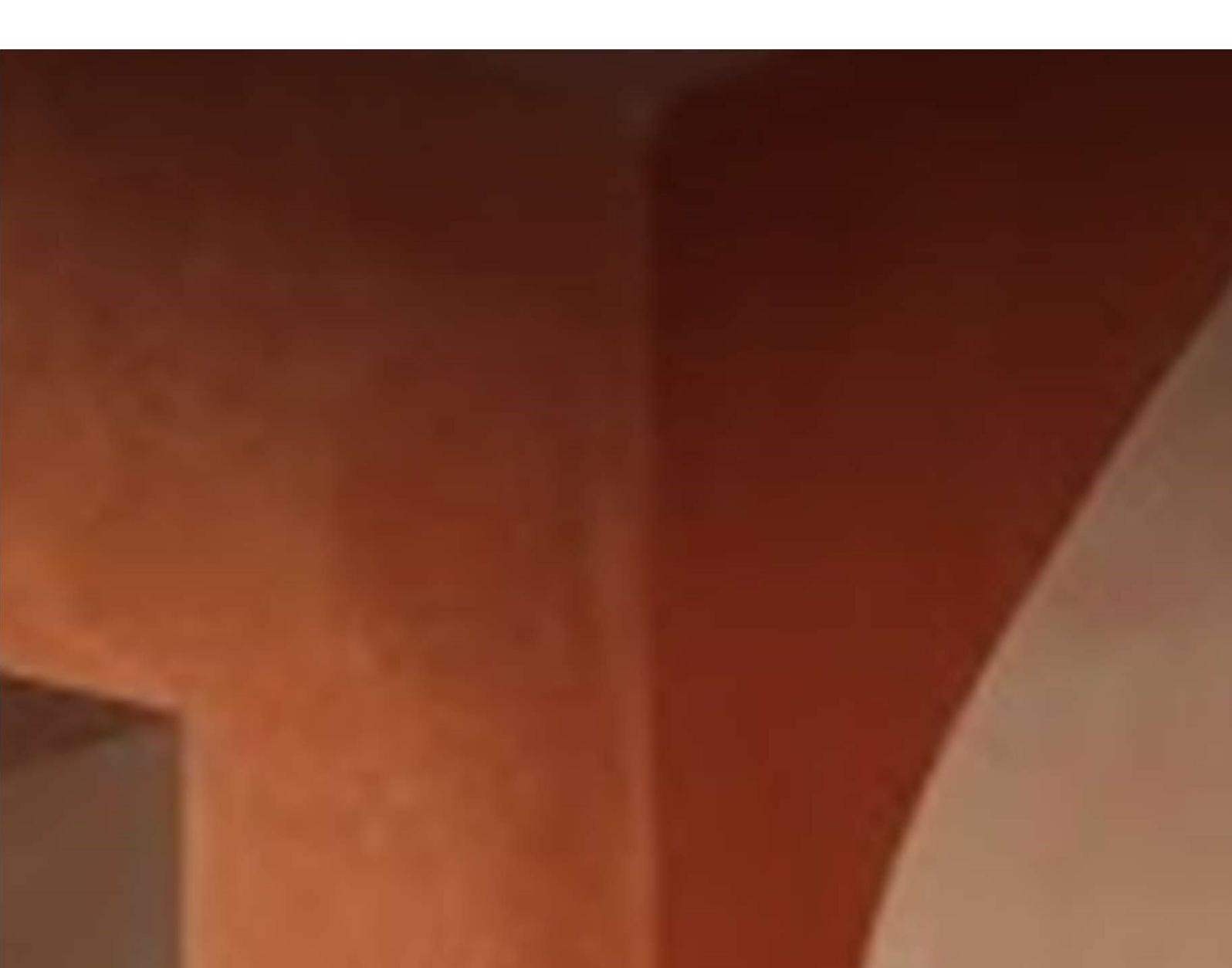
Noir sky overhead

Noir sky coming down overhead
The scene below was fatal
The blood a deep colour of red
The knife wounds deep and total
We're searching for a hidden city
We're searching for our special place
You'll all miss me when I'm gone
Never again will you see my face

She took off the right hand glove
As she got up and walked away
She thought of the missing love
Ruining someone's life today
We're searching for our freedom
We're walking with flat heels
You're still busy gently fading away
Reminding you how it feels

The universe
lives within your soul
See so much, not enough





Red Eyes

Red eyes hot with anger

Red eyes burn with rage

Eyes that pierce through my defences

Eyes that leave me fearing

Eyes that torch the living

Eyes that bury the dead

Special night

She puts her hand in mine

I squeeze her hand so tight

As we walk through cold streets

We are looking for our restaurant

The light is turning to night

It ought to be a special night

Light crystal, from bare bulbs

I look in her intense blue eyes

As she smiles and makes me laugh

As we reach our cosy Italian

We see the menu, I think that it's alright

It ought to be a special night



Balloon rising

I was far away from home
Hiding myself away in the dark
Thinking about the things I done
Cold tears, hit me so stark
See the ending before beginning
Feeling seeps through me
Crippling, terrifying and crushing
My body pulls towards my centre

My heart was in the shadows
Now my Balloon is rising
Rushing and floating in clouds
Now my Balloon's floating
I don't know where I'll go
Now my balloon's drifting
Replenishing my soul
Now my Balloon is rising

She

She hid from view behind a star that grew brighter still

She found a way to escape from the new towns that had built
up round here

She found a way to drown out the torn messages that rang in
her ear

She found that she could move on and find happiness still

She found a light that taught her how to live with the fear

She hid from view behind a star that grew brighter still

She found that she could live with someone fighting her own
will.

She is so lovely, light shines so brightly from those eyes

She's so beautiful that it makes me want to break down and
cry

I'm not a man that knows how to go out and win her over

But spending my life alone without her is too much to bare

She is the star that grows brighter and brighter still

When she laughs, it lifts the world and makes me smile,

If only she would see when I stop a while,

And admire the fact that she is so fine

Could she make a difference to my life?

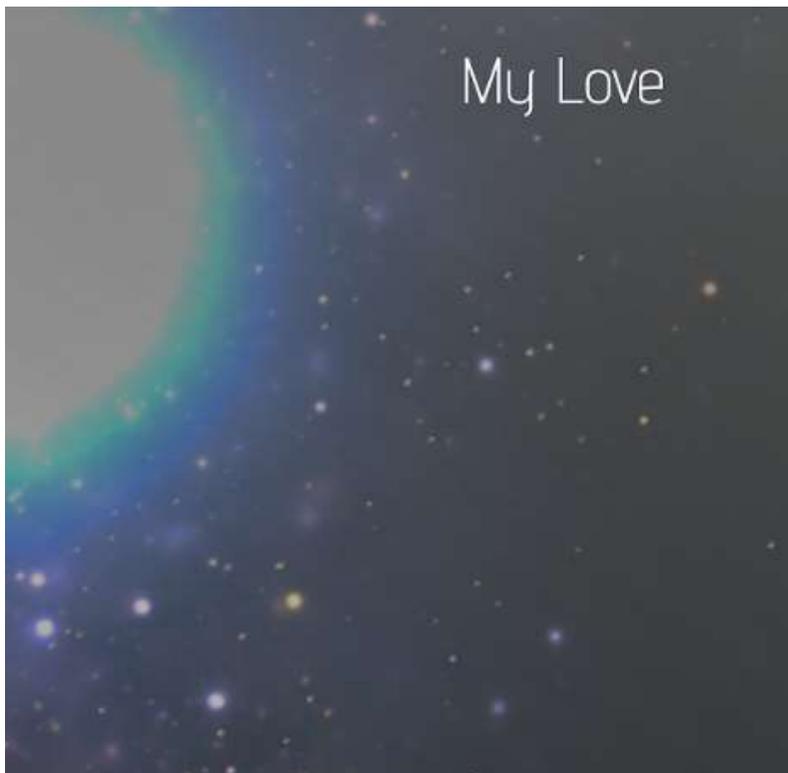
If only I knew who it is that is behind the smile

She tied it loose at first
Then tightened around my neck
The noose started to hurt
Hood covered my eyes, so black
It hurts
More than I can say
Maybe
It was my fault all the time

Invisible Noose

Each fibre leaving marks on my skin
My throat completely drying up
My voice taken before I begin
My body straining as I shook
It hurts
More than I can say
Maybe
It was my fault all the time

Invisible Noose



Beautiful night, your sunset
Leaves me short of breath
You saw light in a rainbow
I'd give anything just to hold you
I look at you, feel emotion
All you get from me is devotion
My love

And the August flower blossoms
With that smile we can overcome
We've had so many adventures
Look at what we created together
I look at you, feel emotion
All you get from me is devotion
My love

You helped me scale new heights
I'm just waiting for the night
Looking for the beautiful night
And your soul illuminates by candle light
I look at you, feel emotion
All you get from me is devotion
My love

Honesty is a difficult truth

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